GFC Café Menu August

Monday
Soup- Vegetarian 3 Bean Chili
Entrée- Grilled Steak, Creamed Spinach Stuffed Twice Baked Potato, Balsamic Demi
Panini- Eggplant Parmesan with Mozzarella

Tuesday
Soup- Sweet Corn and Seafood Chowder
Entrée- New England Shrimp Roll, Split Top Bun, Old Bay Waffle Fries, Cole Slaw, Lemon
Panini- Ricotta, Pear, Red Onion and Artichoke

Wednesday
Soup- Tomato & Fire Roasted Vegetable Soup
Entrée- - BBQ Pork Ribs, 3 Cheese Mac & Cheese, Braised Collards
Panini- Smoked Beef, Grilled Red Onion, Aged Cheddar

Thursday
Soup- Curry Potato Soup
Entrée- Jerk Chicken, Rice and Peas with Sweet plantains
Panini- Truffle Gruyere, Caramelized Onion & Roasted Heirloom Tomato

Friday
Soup- Harissa & Lentil Soup
Entrée- House Made Chicken Tamales, White Rice & Elote Salad, Salsa Verde
Panini- Buffalo Chicken & Blue Cheese

Sandwich and Salad Selection

Tuscan Tuna Wrap, Sun-Dried Tomato, Caper, Arugula

Turkey, Cheddar, Tomato, Honey Mustard, Pumpernickel

Curried Chicken Salad & Golden Raisin Wrap

Pesto Roasted Vegetables, Mozzarella, Balsamic, Ciabatta

Baby Arugula, Stone Fruit, Grilled Red Onion, Roasted Pepper, Sherry-Shallot Dressing

Farfalle Pasta Salad, Mozzarella, Roasted Tomato, Asparagus, Basil